

Grade Level Prayers and Parent Expectations

All grade levels should know and recite on a regular basis the *Sign of the Cross*, the *Our Father*, the *Hail Mary*, and the *Glory Be to the Father*. (See page 3)

Awards will be given at the end of the year to the students who know their grade level prayer by heart.

Grade One: Parents are encouraged to attend mass weekly with their child and to pray with their child on a regular basis. If the prayers listed above are not part of your regular routine, consider adding them to your child's bedtime routine.

Please review any material sent home in the folder each week, including completing the *Family Page*.

Grade Two: Parents are encouraged to attend mass weekly with their child to pray on a regular basis. If the prayers listed above are not part of your regular routine, consider adding them to your child's bedtime routine.

Please help your child learn an *Act of Contrition* (See page 3) in preparation for Reconciliation. In preparation for First Eucharist celebrate the Mass with your child weekly, helping him/her to learn the responses such as "*And with your Spirit*," "*Thanks be to God*," "*Praise to You, Lord Jesus Christ*," "*Lord, hear our prayer*," "*Amen*", etc.

Parents are asked to attend each parent meeting and the Parent and Child Gatherings for Reconciliation and Eucharist.

Please review any material sent home in the folder each week, including completing the *Family Page*.

Grade Three: Parents are encouraged to attend Mass weekly with their child, pray with their child on a regular basis, and celebrate the sacrament of Reconciliation as a family during Advent and/or Lent. If the prayers listed above are not part of your regular routine, consider adding them to your child's bedtime routine. In third grade your child will also be asked to memorize the **Apostles' Creed.** (See page 3)

Parents are asked to review with their child any materials sent home in the folder each week, including completing the *Family Page*.

Grade Four: Parents are encouraged to attend Mass weekly with their child, pray with their child on a regular basis, and celebrate the sacrament of Reconciliation as a family during Advent and/or Lent. If the prayers listed above are not part of your regular routine, consider adding them to your child's bedtime routine. In fourth grade your child will also be asked to memorize the **Nicene Creed.** (See page 4)

Parents are asked to review with their child any materials sent home in the folder each week, including completing the *Family Page*.

Grade Five: Parents are encouraged to attend Mass weekly with their child, pray with their child on a regular basis, and celebrate the sacrament of Reconciliation as a family during Advent and/or Lent. If the prayers listed above are not part of your regular routine, consider adding them to your child's bedtime routine. In fifth grade your child will also be asked to memorize the **Hail, Holy Queen** (See page 4)

Parents are asked to review with their child any materials sent home in the folder each week, including completing the *Family Page*.

Grade Six, Seven and Eight: Parents are encouraged to attend Mass weekly with their child, pray with their child on a regular basis, and celebrate the sacrament of Reconciliation as a family during Advent and/or Lent. If the prayers listed above are not part of your regular routine, consider adding them to your child's bedtime routine. In seventh and eighth grade your child will also be asked to memorize the **Prayer of Saint Francis.** (See page 4)

Prayers for all grade levels

The Sign of the Cross

In the Name of the Father and of the Son and of the Holy Spirit. Amen

Our Father

Our Father
Who art in heaven
Hallowed be thy name.
Thy kingdom come,
Thy will be done,
On earth, as it is in heaven.
Give us this day our daily bread,
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
But deliver us from evil.

The Hail Mary

Hail Mary, full of grace
The Lord is with thee
Blessed art thou among women
and blessed
is the fruit of thy womb, Jesus
Holy Mary, mother of God
Pray for us sinners
Now and at the hour of our death
Amen.

The Glory Be

Glory be to the Father and to the Son and to the Holy Spirit as it was in the beginning is now and ever shall be world without end. Amen



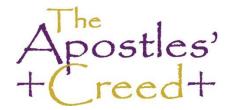
2nd grade and up Act of Contrition

My God,
I am sorry for my sins
With all my heart.
In choosing to do wrong
And failing to do good,
I have sinned against you
Whom I should love above all things.
I firmly intend, with your help,
to do penance,
to sin no more,
and to avoid whatever
leads me to sin.
Our Savior Jesus Christ
Suffered and died for us.
In his name, my God, have mercy.

3rd grade and up

The Apostle's Creed*

I believe in God, the Father almighty, creator of heaven and earth. and in Jesus Christ, his only Son, our Lord, who was conceived by Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended into hell. on the third day he rose again from the dead: he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints. the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.



4th grade and up

Nicene Creed

I believe in one God. the Father, the Almighty, maker of heaven and earth, of all things visible and invisible. And in one Lord Jesus Christ, the Only Begotten Son of God. born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father. through him all things were made. For us men and for our salvation he came down from heaven: and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate: he suffered death and was buried, and rose again on the third day in accordance with the Scriptures; He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom with have no end. And in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son who with the Father and the Son is adored and glorified. who has spoken through the prophets. And one, holy, catholic and apostolic Church. I confess one baptism for the forgiveness of sins and I



the world to come. Amen.

look forward to the resurrection of the dead and the life of

5th grade and up

Hail, Holy Queen

Hail, holy Queen, Mother of mercy:
Hail, our life, our sweetness and our hope.
To you do we cry, poor banished children of Eve.
To you do we send up our signs,
Mourning and weeping in this valley of tears.
Turn then, most gracious advocate,
your eyes of mercy toward us;
and after this our exile show unto us
the blessed fruit of your womb, Jesus,
O clement, O loving, O sweet Virgin Mary.

6th, 7th and 8th Grade

Prayer of St. Francis

Lord, make me an instrument of your peace: where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy.

O divine Master, grant that I may not so much seek to be consoled as to console, to be understood as to understand, to be loved as to love.

For it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life. Amen.

Additional Prayers

Morning Prayer

Dear God,

As I begin this day,

Keep me in your love and care.

Help me to live as your child today.

Bless me, my family, and my friends in all we do.

Keep us all close to you. Amen.

Evening Prayer

Dear God,

I thank you for today,

Keep me safe throughout the night.

Thank you for all the good I did today.

Thank you for all the good raid today.

I am sorry for what I have chosen to do wrong.

Bless my family and friends. Amen.

Blessing before Meals

Bless us O Lord, and these Thy gifts which we are about to receive from Thy bounty. Through Christ Our Lord. Amen

Prayer after Meals

We give you thanks for all your gifts, Almighty God, Living and reigning now and forever. Amen.

Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful. And kindle in them the fire of your love. Send forth your Spirit and they shall be created. Any you will renew the face of the earth. Amen.

The Divine Praises

Blessed be God.

Blessed be His Holy name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His most Sacred Heart

Blessed be His most Precious Blood.

Blessed be Jesus in the most

Holy Sacrament of the altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His angels and in His saints.

Amen.

Guardian Angel

Angel of God, my guardian dear, To whom His love commits me here, ever this day be at my side, to light and guard, to rule and guide. Amen.

Vocation Prayer

God, I know you will call me for special work in my life. Help me follow Jesus each day and be ready to answer your call.

Memorare

Remember, O most gracious Virgin Mary, That never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgins of virgins, my mother
To thee do I come, before thee I stand, sinful and sorrowful.
O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.
Amen.

Prayer to St. Michael the Archangel

Saint Michael the Archangel, defend us in battle; be our defense against the wickedness and snares of the devil.

May God rebuke him, we humbly pray.

And do thou, O prince of the heavenly host, by the power of God thrust into hell

Satan and all the evil spirits who prowl about the world for the ruin of souls. Amen.

